

**U.S. Ski & Snowboard Athlete Career & Education Department
Marc Prisant and Heidi Heltzel Athlete Scholarship
Tuition Support Outline**

The purpose of the Marc Prisant and Heidi Heltzel Athlete Scholarship is to support current U.S. Ski & Snowboard Team athletes and alumni athletes who are pursuing their college education, by providing pre-enrollment scholarships of up to \$10,000 each to at least two applicants annually. Pre-enrollment scholarships will provide flexibility and accommodate applicants' needs as they make decisions related to enrollment.

Scholarship

- At least two scholarships up to \$10,000 each will be awarded annually
- The amount of scholarship funding available, or the number of recipients, may be augmented in the future to account for inflation or additional gifts

Application Criteria

- Applicants must be current members of the U.S. Ski & Snowboard Team or retired from the Team, in good standing, within the last 24 months
- Applicants must demonstrate financial need by reporting their total education-related expenses and any support they receive from other sources including, but not limited to, sponsors and family
- Applicants must have a minimum 3.0 grade point average (GPA) and submit an unofficial transcript
- Applicants must also submit proof of intention to enroll
- Applicants must sign a copy of the U.S. Ski & Snowboard Team Code of Conduct statement
- Applicants must complete a four-part questionnaire and submit it to Mackenzie St. Onge, mackenzie@usskiandsnowboard.org, along with other supporting documents, **no later than December 31st** for spring enrollment

Application Review

- A scholarship review committee comprised of four members (Marc Prisant, Heidi Heltzel, Mackenzie St. Onge, and Alice Duran) will review the applications annually and determine the recipients
- Scholarship recipients will be selected using procedures established by the United States Olympic & Paralympic Committee (USOPC)
- Special consideration will be given to applicants who demonstrate the most need and ability to meet their athletic goals and/or career goals

Reporting on Impact

- Current or alumni athletes who receive the Marc Prisant and Heidi Heltzel Athlete Scholarship are expected to submit documentation of their actual expenditures *within 30 days of the tuition payment*. Failure to do so may disqualify an athlete from renewing their scholarship application the following year.
- Scholarship recipients are strongly encouraged to write a 1-3 paragraph statement of impact on how the scholarship was used and the effect it had on their goals. Additionally, recipients will be welcome to reach out to Prisant-Heltzel via email or phone calls. If recipient is training/competing in Colorado (or other convenient locations), and if scheduling permits, they will make themselves available for a meeting with Marc Prisant and Heidi Heltzel.

If you have any questions about this application process, please contact Mackenzie St. Onge.

U.S. Ski & Snowboard Athlete Career & Education Department
Marc Prisant and Heidi Heltzel Athlete Scholarship
Athlete Questionnaire

Instructions

- Please thoughtfully respond to each question below in 1-3 paragraphs.
- When you have completed the questionnaire, please submit your answers to Mackenzie St. Onge, Athlete Career & Education Manager, at mackenzie@usskiandsnowboard.org along with the additional supporting documentation outlined in the application criteria section.

Questions

1. What kind of degree are you pursuing and what is your major? How did you become interested in this area of study?
2. How do you balance your training and competition demands with educational requirements and deadlines?
3. Do you have long-term interests and goals you would like to achieve after you have completed your sports career? If so, what are they?
4. How will the Marc Prisant and Heidi Heltzel Athlete Scholarship help you reach your long-term goals?



CODE OF CONDUCT

Membership in U.S. Ski & Snowboard is a privilege, not a right. All U.S. Ski & Snowboard members when participating in any U.S. Ski & Snowboard activity must agree to conduct themselves according to U.S. Ski & Snowboard's core values of Excellence, Integrity, Passion, Fun, Team, and Grit, and abide by the spirit and dictates of this Code of Conduct. All members must agree to comport themselves in a sportsmanlike manner and are responsible for their actions while attending or participating in all U.S. Ski & Snowboard activities (including but not limited to camps, competitions, and projects).

Sportsmanlike conduct is defined as but is not limited to: respect for competition officials, resort employees, fellow members, and the skiing and snowboarding public, respect for facilities, privileges, and operating procedures, the use of courtesy and good manners, acting responsibly and maturely, refraining from the use of profane or abusive language, and abstinence from illegal or immoderate use of alcohol and use of illegal or banned drugs.

While participating in any U.S. Ski & Snowboard activity:

1. U.S. Ski & Snowboard members shall be subject to the jurisdiction of the International Ski Federation (FIS) Statutes, the United States Olympic & Paralympic Committee (USOPC) Bylaws, the U.S. Ski & Snowboard Bylaws, and this U.S. Ski & Snowboard Code of Conduct.
2. U.S. Ski & Snowboard members shall conduct themselves at all times and in all places as befit worthy representatives of the United States of America, the United States Olympic Committee, U.S. Ski & Snowboard, their region, division, state or club and in accordance with the best traditions of national and international competition.
3. U.S. Ski & Snowboard members are responsible for knowledge of and adherence to competition rules and procedures. Members are also responsible for knowledge of and adherence to the rules and procedures of the U.S. Ski & Snowboard national teams, camps or other projects when participating in such.
4. U.S. Ski & Snowboard members shall maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for the physical and emotional well being of others, and courtesy and good manners.
5. U.S. Ski & Snowboard members shall abide by U.S. Ski & Snowboard rules and procedures while traveling to and from and participating in official U.S. Ski & Snowboard activities.
6. U.S. Ski & Snowboard members shall abstain from illegal and/or immoderate consumption of alcohol. Absolutely no consumption of alcohol is permitted for those individuals under the age of 21. Members under 21 years of age shall not participate in gatherings involving consumption of alcohol unless it is an official U.S. Ski & Snowboard or event organizer function. Members under the age of 18 shall not use any form of nicotine including but not limited to cigarettes, vaping, chewing tobacco, gum, and patches.
7. No U.S. Ski & Snowboard member shall violate the customs, travel or currency

regulations of a country while traveling with a U.S. Ski & Snowboard group or on a U.S. Ski & Snowboard ticket.

8. No U.S. Ski & Snowboard member shall commit a criminal act.
9. No U.S. Ski & Snowboard member shall engage in any conduct that could be perceived as harassment based upon gender, age, race, religion, disability, or sexual orientation.
10. U.S. Ski & Snowboard members will avoid profane or abusive language and disruptive behavior.
11. U.S. Ski & Snowboard members understand and agree that they may be drug tested at any time, that they are subject to and will abide by the USADA Protocol for Olympic and Paralympic Movement Testing, its Annexes, and the USOPC National Anti-Doping Policies, and that any dispute related to the foregoing will be resolved exclusively in arbitration pursuant to the USADA Protocol. Before taking any medications, members must check the prohibited status at GlobalDRO.com. Also, they must be sure to download the Supplement 411 app, or visit Supplement411.org to learn how to recognize and reduce the risks related to supplement use. Any anti-doping questions can be directed to Athlete Express at 866.601.2632.
12. U.S. Ski & Snowboard members agree to abide by the policies and procedures established by the U.S. Center for SafeSport.

Failure to comply with any of the above provisions may lead to disciplinary action by the appropriate team or competition leader. Disciplinary action may include:

- Removal from the team trip or training camp
- Suspension from training and/or competition
- Elimination of coaching, travel, and other benefits
- Forfeiture of U.S. Ski & Snowboard membership

U.S. Ski & Snowboard is committed to principles of fairness, due process and equal opportunity. Members are entitled to be treated fairly and in compliance with U.S. Ski & Snowboard's Bylaws, policies, and procedures. Members are entitled to notice and an opportunity for a hearing before being prevented from participating in protected competition as that term is defined by the USOPC Bylaws. Information on the processes for grievances, suspensions, and appeals is available at usskiandsnowboard.org.

Nothing in this Code of Conduct shall be deemed to restrict the individual freedom of a U.S. Ski & Snowboard member in matters not involving activities in which one could not be perceived as representing U.S. Ski & Snowboard. In choices of appearance, lifestyle, behavior, and speech while not representing U.S. Ski & Snowboard, competitors shall have complete freedom, provided their statements and actions do not adversely affect the name and reputation of the U.S. Ski & Snowboard. However, in those events where one is representing or could be perceived as representing U.S. Ski & Snowboard, U.S. Ski & Snowboard demands that its members understand and agree to behave in a manner consistent with the best traditions of sportsmanship and U.S. Ski & Snowboard's core values.

Signature

Name (Printed)

Date